

Career Design Package

These four sessions are designed to jumpstart your career exploration. After completing these, you'll have a much clearer idea of who you really are and what you really want.



Session 1 - Define Your Success

In this session, we will spend time focusing on how you define success. We will explore both your work and life views, as well as your "maker mix" (Money vs. Meaning).



Session 2 - Recognize and Value Your Strengths

Pre-work for this session includes completion of the CliftonStrengths assessment, a tool to help you identify your signature strengths. We will go over your results and discuss strategies for engaging with your unique talents.



Session 3 - Get Clear About Your Story

This session centers on exploring your story. Who is your audience and what do you want them to do/know/feel? Are your behaviors and communications in alignment and what needs to change?



Session 4 - Follow Your Green Lights

What barriers need to be removed for clear decision making? This session focuses on bringing together your insights to create ideas and form a clear path forward.

Career Identity Package

You know who you are and what you want. But is your online presence telling that same story? Do you feel comfortable and confident sharing your message in a room full of strangers? If not, choose one (or all) of the sessions below.



Resume Refresh

Has it been a while since you've written a resume? Feeling stuck and not sure where to begin? After this session, you will have a document that best articulates your skills and strengths, and reflects the story you want to tell. Note: this session includes pre-work.



LinkedIn Review

More than just a "professional Facebook", LinkedIn is THE place to see and be seen when it comes to the career marketplace. This session will focus on ensuring that your online profile is consistent with your career goals and identity. Bonus "social media" checkup included.



Interview Preparation & Practice

This session centers on interview preparation and practice. Techniques on how to deal with difficult questions, conquer clammy hands and quell those pesky butterflies included! You will leave this session feeling prepared and confident to tackle any question that comes your way.