

Recognizing and Valuing Your Strengths



Are you looking to create more ease in your life? Do you wish your team was more effective and engaged?

When we focus our energy on the things we are naturally good at, higher performance comes naturally as well. Using the **CliftonStrengths** assessment, I will help you and/or your team uncover your unique talents and how to better align your work with those talents for greater career (and life!) satisfaction.

WHO IT'S FOR

Anyone interested in a cultivating a greater understanding of who they really are, a deeper sense of engagement, and a better appreciation for how individuals and teams can use these talents to be more effective.

WHAT WE'LL COVER

- How strengths are defined
- The four domains of strength
- Your "Top 5" signature themes
- Bright spots and blind spots
- Taking action - strategies for success

HOW IT'S DELIVERED

This session is delivered virtually and can be completed in two 90 minute segments, or one half-day session. Pre-work includes completion of the CliftonStrengths assessment (20-30 min)

TO LEARN MORE

For more information email erika@yourcareerworks.com or call 847.443.1120.

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A very impactful and moving team experience. My gosh that was fun!

- KJ Jenison, Head of Learning & Development, Procore Technologies